The Steps to MDS 3.0 Excellence

- Step 4 -
  AANAC MDS 3.0 Certification

- Step 3 -
  Managing Reimbursement, RUGs & Key Reports

- Step 2 -
  CAAs, Care Planning & Documentation

- Step 1 -
  Essential MDS 3.0 Course

4 Educational Programs Offered Quarterly with CEUs for NHA, Nurses, Social Work and Therapy
The Steps to MDS 3.0 Excellence

The Ohio Health Care Association recognizes that accuracy in the RAI process is essential to our members’ success. For this reason, we have scheduled a series of MDS programs to assist facilities in providing training to their staff involved in the RAI process. These intensive training programs focus on process improvement and enhanced communication across the entire interdisciplinary team. Improve and maintain clinical standards of care, resident satisfaction, quality outcomes, and reimbursement with this fluid program that always reflects the most recent changes issued by CMS and ensures accurate completion of the MDS 3.0 assessment.

Because the MDS plays a vital role in reimbursement it is imperative that facilities invest in training for all team members involved with the process. This series has been designed to provide the information necessary to achieve excellence in the MDS process at your facility. It is recommended that all staff participate in each of the training programs listed below therefore a variety of CEUs are available at each program.

Program details and dates are outlined over the next few pages.

Attend All Three and SAVE!

Well-Established Program

EFOHCA’s MDS programs are structured to take advantage of the experience and expertise of our faculty and are built on the success and quality of OHCA’s reputation of providing timely, quality and affordable educational programs.

Register your staff to attend all three of the above programs, earn 23 credits and save a considerable amount on the overall registration fee.

Training Path Cost:

| OHCA Members: | $500 |
| Non-Members: | $960 |

If attend each course separately:

| OHCA Members: | $645; you save $145 |
| Non-Members: | $1,105; you save $145 |

Registration for each session includes:

- Education (see individual courses for CEUs available)
- Continental breakfast and lunch
- Refreshment breaks
- Handouts and materials

Space is limited to the first 30 people attending. And priority seating will be given to those attending all three programs. The same person must attend all three programs to qualify for this fee. Programs must be taken in the same calendar year.

After attending the 3-Step MDS Programs OHCA recommends AANAC Certification

Considering Certification? The Ohio Health Care Association is pleased to have teamed up with the American Association of Nurse Assessment Coordination (AANAC) to bring forth the most respected MDS certification program to long-term care professionals in Ohio. This intensive, three-day program is intended for those with 2 or more years of everyday experience with the MDS. It is not a beginner training course and does not take the place of the OHCA 3-MDS Step Programs, however, OHCA encourages those who have completed the 3-MDS Step Programs to consider certification and attend the AANAC Certification Course.

All programs will be at the OHCA office.

OHCA office, 55 Green Meadows Drive South, Lewis Center, Ohio 43035
Essential MDS 3.0 Course

**Agenda:**
- 8:30 am  Check In/Coffee
- 9:00 am  Program begins
- 12:15 pm Lunch (included)
- 12:45 pm Program resumes
- 4:00 pm  Adjourn

**6 CEUs**
NHA, Nursing, Social Work, PT* & OT

*CEUs pending

Understanding the MDS 3.0 is critical to all departments within the skilled nursing facility. This class will review the MDS 3.0 in detail from start to completion. A thorough review of each section of the MDS will be held. The course reviews all components of the Minimum Data set, the rules governing its completion and the management of the MDS process. The class is designed to follow a logical progression from the use of the MDS manual through the use of the completed MDS and its data including an explanation of the Care Area Assessments.

A current MDS manual is included in the registration fee for this program.

A must attend for new MDS nurses, anyone considering becoming a MDS nurse as well as any department within the SNF that works with the MDS.

**Speaker:**

Maureen Wern has been in the long term care industry for over 30 years. During that time she has served in several capacities including executive director of a 150 bed SNF with an adjacent 75 bed ALF. She is the President of Wern & Associates, a long term care consulting firm and has been a member of OHCA since the early eighties. Currently, Mrs. Wern serves as a Board member of OHCA. She is the Co-chair of the MDS Task Force and the Chair of the Education Committee for OHCA. She has served on both the DAVE task force and the STRIVE committee at CMS. Maureen has been a Master instructor for 7 years with the NASPAC MDS certification program. She also served on the NASPAC Board of Directors for 6 years. Maureen attended the CMS Train-the-Trainer training on the MDS 3.0 process and trained over 1,500 people during the statewide Comprehensive MDS 3.0 training offered by OHCA.

**Have Questions?**

Want to know more about these programs or anything else related to our educational services? Contact OHCA at 614/436-4154.
The MDS 3.0 has transformed the RAP (Resident Assessment Process) to the CAA (Care Area Assessment). This change in terminology integrates Standards of Practice into the MDS process. This program will clarify how to integrate the CAA and Care Area Triggers (CATs) into resident care plans. Attendees will become familiar with the process changes and how to chart your thinking for the CAAs while learning about care planning resources for use by members of the interdisciplinary team. As part of the experience participants will have hands-on practice in working through the CAAs. The presenter will focus on operationalizing the RAI process as well as reviewing related regulations.

This session will explore the items within the MDS 3.0 that will trigger the CAAs. This course will cover the requirements and instructions to complete the CAAs (Care Area Assessments) and will help you develop an effective way to assess a resident and create a resident-centered care plan. This full day workshop will feature step by step directions and case studies on how to write a care plan and utilize CAAs. Attendees will work through several scenarios to develop effective CAAs and care plans.

**Objectives:**
- Identify the new CAAs
- Describe the development of a CAA summary per the new process
- Explain the process of critical thinking during CAA analysis
- Develop effective care plans per new protocols
- Explain the purpose and function of the CAAs, as well as how they benefit both the facility and residents
- Identify the differences between RAPs and CAAs
- Implement policies and procedures to gather information and properly complete the CAAs
- Discuss the CAA care planning process and the requirements for documentation and coding Section V of the MDS 3.0
- Identify best practices for educating staff members about the CAAs

**Speaker:**
Linda Bach, RN, CRNAC has been involved in the healthcare field for over thirty-eight years and is recognized for her expertise and her “hands on” approach to education and consulting. She is currently the president of L. Bach & Associates, LLC. Linda serves on the Ohio Case-Mix Advisory Committee, and Ohio Health Care Association’s Council of Nurses and MDS Task Force. Linda has also been a Coordinator and an instructor for the Ohio Nurse Aide Training Program. Linda has distinguished herself as an excellent and energetic facilitator on such topics as team building, the RAI process (MDS, RAPs), care planning, Medicare’s Prospective Payment System (34, 44, and 53 Groups), Medicaid’s Case-Mix reimbursement methodology in several states, supportive documentation, nursing rehabilitation/restorative programs, and other long term care regulatory and reimbursement issues. Linda has provided education and workshops specific to Resource Utilization Group methodology for Medicare P.P.S., and case-mix reimbursement.
Managing Reimbursement, RUGs and Key Reports

Topics to be covered:

Day 1:
Overview of OBRA Timing and Scheduling
MDS Coding Issues Significant to Reimbursement
- ADLs
- Therapy
- "Active" Diagnoses
- Resident Interview
- Communication and documentation
PPS Timing and Scheduling
- Scheduled Assessments
- SOT OMRA
- EOT OMRA
- Short Stay
RUG IV
Medicare Issues
- Skilled coverage
- ADRs
- Consolidated Billing

Day 2:
Selected Medicaid Reimbursement Issues
- Direct Care Price Calculation
- Quality Add-ons
RUG III
Managing RUG III and RUG IV Together
Managing the CMS 5 Star Rating System
Managing Key Reports

Speaker:
Robin L. Hillier CPA, STNA, LNHA RAC-MT, is a certified public accountant, state tested nurse aide and licensed home administrator who is also resident assessment coordinator certified and a master trainer through the American Association of Nursing Assessment Coordinators. She is President of RLH Consulting, which provides reimbursement, accounting and operational consulting to long term care providers. She is Past President of EFOHCA, Past President of OHCA and a member of the AHCA Future Leader class of 2007. She currently is a member of the American Health Care Association Board of Governors, chairs the OHCA Convention Task Force and serves on many other committees. RLH Consulting is an OHCA Platinum Champion Partner. Robin was invited by CMS to attend the National CMS Train-the-Trainer training on the MDS 3.0 process. Robin served as one of two faculty members of the OHCA Comprehensive MDS 3.0 Training conducted in 10 locations throughout the state. Most recently Robin was appointed as a member of AANAC’s Expert Advisory Panel.

Agenda Day 1: *5 hours*
10:00 a.m. Check In
10:30 a.m. Program begins
12:15 p.m. Lunch (included)
12:45 p.m. Program
4:30 p.m. Adjourn

Agenda Day 2: *6 hours*
8:00 a.m. Check In
8:30 a.m. Program begins
12:15 p.m. Lunch (included)
12:45 p.m. Program
3:00 p.m. Adjourn

Agenda Day 2:
*11 CEUs*
NHA, Nursing, Social Work, PT* & OT
* CEUs pending
MDS 3.0 RAC-CT® Certification & Recertification

22.5 CEUs

NHA, Nursing, PT* & OT  *CEUs pending

The Ohio Health Care Association is pleased to have teamed up with the American Association of Nurse Assessment Coordination (AANAC) to bring forth the most respected MDS certification program to long-term care professionals in Ohio. This intensive, three-day program provides all the courses you need to sit for the exam. We invite all professionals involved in the RAI process to consider this important and valuable certification.

AANAC RAC-CT® Program

How the Certification Program Works: (three days)

To be eligible to become RAC-CT® Certified (Resident Assessment Coordinator - Certified®) an individual must:

1. Be a clinician/professional involved in the RAI process.
2. Complete 10 AANAC courses, seven of which are required as the core curriculum:
   - MDS Coding for OBRA and PPS
   - OBRA Timing and Scheduling
   - PPS Timing and Scheduling
   - Care Planning
   - RUG-IV
   - CAAs
   - Introduction to Medicare Part A

Speaker:

Robin L. Hillier CPA, STNA, LNHA RAC-MT, is a certified public accountant, state tested nurse aide and licensed home administrator who is also resident assessment coordinator certified and a master trainer through the American Association of Nursing Assessment Coordinators. She is President of RLH Consulting, which provides reimbursement, accounting and operational consulting to long term care providers. She is Past President of EFOHCA, Past President of OHCA and a member of the AHCA Future Leader class of 2007. She currently is a member of the American Health Care Association Board of Governors, chairs the OHCA Convention Task Force and serves on many other committees. RLH Consulting is an OHCA Platinum Champion Partner. Robin was invited by CMS to attend the National CMS Train-the-Trainer training on the MDS 3.0 process. Robin served as one of two faculty members of the OHCA Comprehensive MDS 3.0 Training conducted in 10 locations throughout the state. Most recently Robin was appointed as a member of AANAC’s Expert Advisory Panel.
# The Steps to MDS 3.0 Excellence

**Online Registration:** www.ohca.org • Questions? 614 / 436-4154 • Fax: 614 / 436-0939

## 1. One Person Per Registration

(fill out the facility info and duplicate this form for additional registrants)

<table>
<thead>
<tr>
<th>Lastname: _______________________________________________</th>
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<th>Nickname: ____________________________________________________________</th>
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<td>Facility: __________________________________________________________________________________________</td>
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<td>City: _____________________________________________________________________________________________</td>
<td>State: ___________________</td>
<td>Zip: ____________________________</td>
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<tr>
<td>Phone #: ________/ _______________________________________________________</td>
<td>Fax #: ________/ ____________________________________________________</td>
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Registration **will not** be processed unless payment is included.

## 2. Registration Category

Register your staff to attend all three programs, earn 23 credits and save a considerable amount on the overall registration fee.

**All Three Programs:**

*Select program date, below . . .

<table>
<thead>
<tr>
<th>OHCA Members:</th>
<th>Non-Members:</th>
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<tbody>
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<td>$ 500</td>
<td>$ 960</td>
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### MDS Essentials:

- **Early Rate** (10 business days prior to each program prices)
  - Members: $ 175
  - Non Members: $ 295

- **Regular Rate**
  - Members: $ 220
  - Non Members: $ 385

- Jan. 31
- April 17
- July 10
- Sept. 11

### CAAs:

- **Early Rate** (10 business days prior to each program prices)
  - Members: $ 175
  - Non Members: $ 295

- **Regular Rate**
  - Members: $ 220
  - Non Members: $ 385

- Feb. 1
- April 18
- July 11
- Sept. 12

### Managing Reimbursement:

- **Early Rate** (10 business days prior to each program prices)
  - Members: $ 295
  - Non Members: $ 515

- **Regular Rate**
  - Members: $ 365
  - Non Members: $ 635

- Feb. 14 - 15
- May 15 - 16
- July 24 - 25
- October 2 - 3

Registration for AANAC MDS 3.0 Certification available by contacting OHCA at 614/436-4154

## 3. Payment

- Make checks payable to Educational Foundation of Ohio Health Care Association (EFOHCA)
- Mail to: EFOHCA, 55 Green Meadows Dr. South, Lewis Center, OH, 43035 or Fax: 614 / 436-0939

<table>
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<tr>
<th>TOTAL AMOUNT: $ ______________________</th>
<th>Method of Payment: ____Credit Card ____Check</th>
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**CREDIT CARD:**

- MC: ____
- VISA: ____
- AMEX: ____

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<th>Expiration Date <strong><strong>/</strong></strong></th>
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<tbody>
<tr>
<td>Card Holder ____________________________</td>
<td>Signature _________________</td>
</tr>
</tbody>
</table>

*Question: Can I register for all three programs and attend one and send a co-worker to the others?*

*Answer:* **No**, the all three program registration fees are available for one person to attend all three. You will each need to register at the one program rate.

All programs will be at the OHCA office.